

Clinical Policy: Infertility and Fertility Preservation

Reference Number: CP.PHAR.131 Effective Date: 11.16.16 Last Review Date: 11.22 Line of Business: Commercial*, HIM*, Medicaid*

Coding Implications Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Gonadotropins requiring prior authorization are: menotropins (Menopur[®]); follitropin alfa, recombinant (Gonal-f[®] multi-dose^{*}, Gonal-f[®] RFF, Gonal-f[®] RFF Redi-ject); follitropin beta, recombinant (Follistim[®] AQ); urofollitropin (Bravelle[®]); choriogonadotropin alfa (Ovidrel[®]); human chorionic gonadotropin (hCG; generic, Novarel[®]*, Pregnyl[®]).

Gonadotropin-releasing hormone (GnRH) antagonists requiring prior authorization are: ganirelix acetate; Cetrorelix (Cetrotide[®]).

*Sections I.A., I.B., I.C., II.A., II.B.: Infertility/Fertility Preservation All lines of business: pharmacy benefit coverage is required. HIM line of business - pharmacy benefit coverage restrictions by state: States without pharmacy benefit restriction: AR, FL, IL, IN, KS, NC, NV, SC, TN, WA (<u>Policy may be used for formulary and non-formulary drugs</u>.) States with pharmacy benefit restriction: AZ, GA, MO, MS, NH, OH, PA, TX (Policy may be used for formulary drugs only; non-formulary drugs are a pharmacy benefit exclusion.)

Drugs			Indications, Female		Indications, Male	
Drug Name	Brand Name	Drug Class	OI	ART	HH	Prepubertal Cryptorchidism
Menotropin	Menopur	Gonadotropin (hMG - FSH and LH)	х	Х		
Follitropin alfa, recombinant	Gonal-f	Gonadotropin (FSH)	Х	Х	х	
Follitropin alfa, recombinant	Gonal-f RFF	Gonadotropin (FHS)	X	Х		
Follitropin alfa, recombinant	Gonal-f RFF Redi-ject	Gonadotropin (FSH)	х	х		
Follitropin beta, recombinant	Follistim-AQ	Gonadotropin (FSH)	х	х	х	
Urofollitropin	Bravelle	Gonadotropin (FSH)	Х	х		
Ganirelix acetate	N/A	GnRH antagonist	Х	х		
Cetrorelix	Cetrotide	GnRH antagonist	Х	х		
Choriogonadotropin alfa	Ovidrel	Gonadotropin (hCG)	х	Х		
Human chorionic gonadotropin	Novarel	Gonadotropin (hCG)	х	Х	х	Х
Human chorionic gonadotropin	Pregnyl	Gonadotropin (hCG)	х	Х	X	x

FDA Approved Indication(s)



Abbreviations: ART: assisted reproductive technology; GnRH: gonadotropin-releasing hormone; HH: hypogonadotropic hypogonadism; hCG: human chorionic gonadotropin (produced by the placenta after implantation); hMG: human menopausal gonadotropin (combination of LH and FSH); OI: ovulation induction

- Menopur is indicated for:
 - Development of multiple follicles and pregnancy in ovulatory women as part of an assisted reproductive technology (ART) cycle.
- Gonal-f is indicated for:
 - Induction of ovulation and pregnancy in the oligo-anovulatory infertile patient in whom the cause of infertility is functional and not due to primary ovarian failure (known as primary ovarian insufficiency; POI).
 - Development of multiple follicles in the ovulatory infertile women as part of an ART cycle/program.
 - Induction of spermatogenesis in infertile men with primary and secondary hypogonadotropic hypogonadism (HH) in whom the cause of infertility is not due to primary testicular failure (i.e. primary hypogonadism).
- Gonal-F RFF and Gonal-f RFF Redi-ject are indicated for:
 - Induction of ovulation and pregnancy in oligo-anovulatory women in whom the cause of infertility is functional and not due to POI.
 - Development of multiple follicles in ovulatory infertile women as part of an ART cycle/program.
- Follistim AQ is indicated for:
 - Induction of ovulation and pregnancy in anovulatory infertile women in whom the cause of infertility is functional and not due to POI.
 - Pregnancy in normal ovulatory women undergoing controlled ovarian stimulation as part of an in vitro fertilization (IVF) or intracytoplasmic sperm injection (ICSI) cycle [ART cycle].
 - Induction of spermatogenesis in men with primary and secondary HH in whom the cause of infertility is not due to primary testicular failure.
- Bravelle is indicated for:
 - Induction of ovulation in women who have previously received pituitary suppression intramuscular and subcutaneous administration.
 - Development of multiple follicles as part of an ART cycle in ovulatory women who have previously received pituitary suppression.
- Ganirelix is indicated for:
 - Inhibition of premature luteinizing hormone (LH) surges in women undergoing controlled ovarian hyperstimulation (COH).
- Cetrotide is indicated for:
 - The inhibition of premature LH surges in women undergoing COH.



- Ovidrel is indicated for:
 - Induction of final follicular maturation and early luteinization in infertile women who have undergone pituitary desensitization and who have been appropriately pretreated with follicle-stimulating hormones (FSH) as part of an ART program such as IVF and embryo transfer.
 - Induction of ovulation and pregnancy in anovulatory infertile patients in whom the cause of infertility is functional and not due to POI.
- Novarel and Pregnyl are indicated for:
 - Prepubertal cryptorchidism not due to anatomic obstruction.
 - Selected cases of HH secondary to a pituitary deficiency in males
 - Induction of ovulation and pregnancy in the anovulatory, infertile woman in whom the cause of anovulation is secondary and not due to POI, and who has been appropriately pretreated with human menotropins.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Menopur, Gonal-f, Gonal-f RFF, Gonal f RFF Redi-ject, Follistim-AQ, Bravelle, ganirelix acetate, Cetrotide, Ovidrel, Novarel, and Pregnyl are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. Infertility, Female (must meet all):
 - 1. Member must have infertility/fertility preservation coverage (optional pharmacy benefit);
 - 2. Diagnosis of infertility;
 - 3. Age \geq 18 years;
 - 4. Prescribed by or in consultation with a reproductive endocrinologist;
 - 5. The requested drug(s) is for one of the following (a or b):
 - a. OI, and both of the following (i and ii):
 - i. Member has been diagnosed with an ovulatory disorder;
 - ii. If the ovulatory disorder is secondary to hyperprolactinemia, failure of dopamine agonist treatment, unless contraindicated or clinically significant adverse effects are experienced (*see Appendix B*);
 - b. ART, and both of the following (i and ii):
 - i. If infertility is secondary to an ovulatory disorder, member has failed OI or is not a candidate for OI (e.g., member has been diagnosed with tubal blockage, uterine cavity abnormality, diminished ovarian reserve; member's partner has been diagnosed with severe male factor infertility).
 - ii. If unexplained infertility, failure of at least 3 cycles of clomiphene citrate or letrozole (*see Appendix B*) combined with intrauterine insemination, unless contraindicated or clinically significant adverse effects are experienced;

6. Member does not have POI.

Approval duration: 30 days or up to specified trial duration if available



B. Fertility Preservation, Female (must meet all):

- 1. Member must have infertility/fertility preservation coverage (optional pharmacy benefit);
- 2. Request is for fertility preservation (embryo or oocyte cryopreservation) secondary to planned gonadotoxic therapy or gonadectomy;
- 3. Member meets one of the following (a or b):
 - a. Age \geq 18 years and (i and ii):
 - i. Member has received fertility preservation counseling (documented);
 - ii. Member has executed an informed consent;
 - b. Of reproductive age (peri/postpubertal off-label use) and member meets both of the following (i and ii):
 - i. All consent/assent signees have received fertility preservation counseling (documented);
 - ii. Parent(s)/guardian(s) and member have executed informed consents and assents respectively;
- 4. Prescribed by or in consultation with a reproductive endocrinologist;
- 5. Member does not have POI.

Approval duration: 30 days or up to specified trial duration if available

C. Infertility, Male (must meet all):

- 1. Member must have infertility/fertility preservation coverage (optional pharmacy benefit);
- 2. Request is for Gonal-f, Follistim-AQ, Novarel or Pregnyl;
- 3. Diagnosis of infertility due to HH;
- 4. Prescribed by or in consultation with a reproductive endocrinologist or urologist;
- 5. Age \geq 18 years;
- 6. Product(s) are requested in one of the following ways (a or b):
 - a. Novarel or Pregnyl as single-agent therapy to increase testosterone to the normal range (400 to 800 ng/dL);
 - b. Gonal-f or Follistim-AQ in combination with either Novarel or Pregnyl to induce spermatogenesis once serum testosterone is within the normal range;
- 7. Testosterone therapy is not prescribed concomitantly;
- 8. Member does not have primary testicular failure.

Approval duration: 6 months

D. Prepubertal Cryptorchidism (undescended testes) (must meet all):

- 1. Request is for Novarel or Pregnyl;
- 2. Diagnosis of prepubertal cryptorchidism;
- 3. Prescribed by or in consultation with a pediatric specialist in one of the following areas: endocrinology, urology, genetics, surgery;
- 4. Age \leq 9 years;
- 5. One of the following (a or b):
 - a. Member is not a candidate for corrective surgery;
 - b. hCG will be used in coordination with surgery.

Approval duration: 3 months



E. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Infertility and Fertility Preservation, Female (must meet all):

- 1. Member must have infertility/fertility preservation coverage (optional pharmacy benefit);
- 2. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
- 3. Member is responding positively to therapy;
- 4. Request is for an OI or ART cycle currently underway.

Approval duration: 30 days or up to specified trial duration if available

(For additional reproductive attempts please refer to the initial criteria.)

B. Infertility, Male (must meet all):

- 1. Member must have infertility/fertility preservation coverage (optional pharmacy benefit);
- 2. Request is for Gonal-f, Follistim-AQ, Novarel or Pregnyl;
- 3. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
- 4. Member is responding positively to therapy;



- 5. If request is for Novarel or Pregnyl (a or b):
 - a. Pregnancy has not yet been achieved;
 - b. Pregnancy has been achieved, and another pregnancy is being considered;
- 6. If request is for Gonal-f or Follistim-AQ (a and b):
 - a. Prescribed in combination with Novarel or Pregnyl;
 - b. Current reproductive attempt has not yet achieved pregnancy (*if pregnancy has been achieved, refer to initial criteria for subsequent Gonal-F or Follistim-AQ requests*).

Approval duration: 6 months

- C. Prepubertal Cryptorchidism (undescended testes) (must meet all):
 - 1. Request is for Novarel or Pregnyl;
 - 2. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
 - 3. Member is responding positively to therapy.

Approval duration: 3 months

(Treatment for this indication should not exceed a total of 3 months.)

D. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PHAR.21 for health insurance marketplace, and CP.PMN.53 for Medicaid, or evidence of coverage documents;
- **B.** Treatment of obesity.



IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key ART: assisted reproductive technology hMG: human menopausal gonadotropin ASCO: American Society of Clinical ICSI: intracytoplasmic sperm injection IVF: in vitro fertilization Oncology AYA: adolescent and young adult LH: luteinizing hormone COH: controlled ovarian hyperstimulation NCCN: National Comprehenswive Cancer FDA: Food and Drug Administration Network FSH: follicle-stimulating hormone OI: ovulation induction POI: primary ovarian insufficiency, primary GnRH: gonadotropin-releasing hormone hCG: human chorionic gonadotropin ovarian failure HH: hypogonadotropic hypogonadism

Drug Name **Dosing Regimen Dose Limit**/ Maximum Dose 1 mg twice cabergoline Hyperprolactinemia (labeled): Initial: 0.25 mg PO twice weekly; may increase by weekly 0.25 mg twice weekly (no more often than every 4 weeks) up to a maximum or 1 mg twice weekly according to the patient's serum prolactin level. Hyperprolactinemia (labeled): bromocriptine 15 mg/dayInitial: 1.25 to 2.5 mg PO daily; may be increased by (Parlodel[®]) 2.5 mg daily as tolerated every 2 to 7 days until optimal response (range: 2.5 to 15 mg/day). Treatment of ovulatory dysfunction in women 150 mg/day clomiphene citrate desiring pregnancy (labeled): per expert Initial: 50 mg PO once daily for 5 days. Begin on or review about the fifth day of cycle if progestin-induced bleeding is scheduled or spontaneous uterine bleeding Durations: 5 to 7 occurs prior to therapy. Therapy may be initiated at days per expert any time in patients with no recent uterine bleeding. review Subsequent doses may be increased to 100 mg once daily for 5 days only if ovulation does not occur at the initial dose. If needed, the 5-day cycle may be repeated as early as 30 days after the previous one. Exclude the presence of pregnancy. The lowest effective dose should be used. Maximum dose: 100 mg once daily for 5 days for up to 6 cycles. Infertility - ovulation stimulation in anovulatory letrozole 7.5 mg/day(Femara) females (off-label): Initial: 2.5 mg PO once daily for 5 days, starting on Durations: 5 to 7 day 3, 4, or 5 following menses or progestin induced days per expert bleed; may increase to 5 mg/day for 5 days in review subsequent cycles if ovulation does not occur.

Appendix B: Therapeutic Alternatives



Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): pregnancy; for additional contraindications, please refer to the product package inserts
- Boxed warning(s): none reported

Appendix D: General Information

- Female Infertility
 - OI refers to pharmacological treatment of anovulation with fertility medications to induce ovulation. OI is used in conjunction with intercourse or intrauterine insemination.
 - ART procedures include but are not limited to 1) in vitro fertilization (IVF), 2) intracytoplasmic sperm injection (ICSI), and 3) assisted reproductive hatching. IVF is the most common type of ART. An IVF interval generally is two weeks in length and includes 1) ovarian stimulation with fertility medications to induce development of multiple ovarian follicles/oocytes (i.e., COH), 2) aspiration and fertilization of oocyte(s) in the laboratory setting ("in vitro"), and then 3) transfer of the embryo(s) into the uterine cavity.
- Male Infertility
 - Male infertility secondary to HH is amendable to treatment with fertility drugs. Once reproductive attempts are complete, transition to testosterone replacement therapy is an option if needed for long-term treatment.
- Prepubertal Males: cryptorchidism
 - Corrective surgery for cryptorchidism (orchidopexy) is considered first-line therapy. Surgery and/or gonadotropin therapy typically would be completed by 24 months of age to avoid potential negative fertility and cancer risk sequelae.
- Fertility Medications
 - Fertility medications are used together in coordinated individualized regimens. The regimens in <u>Section V: Dosage and Administration</u> are presented as general guidelines drawn from FDA labels and expert input. Care should be taken not to interrupt a reproductive attempt currently underway.
- Fertility Preservation
 - For females, ART may be preferable to OI in cases of fertility preservation (embyro or oocyte cryopreservation) secondary to planned gonadotoxic therapy or gonadectomy.

*Gonadotoxic therapies or gonadectomy may be undertaken as treatment for cancer as well as benign autoimmune or hematologic conditions such as systemic lupus erythematosus, multiple sclerosis, autoimmune thrombocytopenia, rheumatoid arthritis, Wegener's granulomatosis and Behçet's disease.

- For males, various fertility preservation strategies are available but do not typically involve the medications central to the present policy.*
 *See Practice Committee of the American Society for Reproductive Medicine. Fertility preservation in patients undergoing gonadotoxic therapy or gonadectomy: a committee opinion. Fertil Steril, 2019;112:1022-33, for more information in this regard.
- The American Society of Clinical Oncology (ASCO, 2018), American Society for Reproductive Medicine (ASRM, 2018/2019), Society for Assisted Reproductive



Technology (SART)/ASRM (2007), and National Comprehensive Cancer Network (NCCN, 2023) provide guidance for fertility preservation prior to gonadotoxic medical treatment for patients of reproductive age as well as prepubertal patients. Selected ASCO recommendations are listed below:

- Adult women
 - <u>Recommendation 3.1</u>. Embryo cryopreservation is an established fertility preservation method, and it has routinely been used for storing surplus embryos after in vitro fertilization.
 - <u>Recommendation 3.2</u>. Cryopreservation of unfertilized oocytes is an option, and may be especially well suited to women who do not have a male partner, do not wish to use donor sperm, or have religious or ethical objections to embryo freezing.
 - <u>Recommendation 3.5 (updated)</u>. There is conflicting evidence to recommend GnRH agonists and other means of ovarian suppression for fertility preservation. The Panel recognizes that, when proven fertility preservation methods such as oocyte, embryo, or ovarian tissue cryopreservation are not feasible, and in the setting of young women with breast cancer, GnRH agonists may be offered to patients in the hope of reducing the likelihood of chemotherapy-induced ovarian insufficiency. However, GnRH agonists should not be used in place of proven fertility preservation methods.
 - <u>Recommendation 3.6 (updated)</u>. Ovarian tissue cryopreservation for the purpose of future transplantation does not require ovarian stimulation and can be performed immediately. In addition, it does not require sexual maturity and hence may be the only method available in children. Finally, this method may also restore global ovarian function. However, it should be noted further investigation is needed to confirm whether it is safe in patients with leukemias.
- Adult men
 - <u>Recommendation 2.1</u>. Sperm cryopreservation is effective, and health care providers should discuss sperm banking with postpubertal males receiving cancer treatment.
 - <u>Recommendation 2.2</u>. Hormonal gonadoprotection: Hormonal therapy in men is not successful in preserving fertility. It is not recommended.
 - <u>Recommendation 2.3</u>. Other methods, such as testicular tissue cryopreservation and reimplantation or grafting of human testicular tissue, should be performed only as part of clinical trials or approved experimental protocols.
- Special Considerations: Children:
 - <u>Recommendation 5.1</u>. Suggest established methods of fertility preservation (eg, semen or oocyte cryopreservation) for postpubertal children, with patient assent and parent or guardian consent. For prepubertal children, the only fertility preservation options are ovarian and testicular cryopreservation, which are investigational.



V. Dosage and Administration

Drug Name	Dosing Regimen	Maximum Dose		
Infertility, Female				
Follicle stimulating agents	1			
Menopur (menotropins)	Up to 450 IU SC per day	• Doses are		
Bravelle (urofollitropin)	Up to 450 IU IM or SC per day	individualized.		
Gonal-f, Gonal-f RFF,	Up to 450 SC IU per day	• Duration typically		
Gonal-f RFF Redi-ject		would not exceed		
(follitropin alpha,		one month per		
recombinant)		reproductive		
Follistim-AQ (follitropin	Up to 500 IU SC per day	attempt; there may		
beta, recombinant)		be exceptions.		
Pituitary suppression agen	ts			
Ganirelix acetate	250 mcg SC per day	• Doses and durations		
Cetrotide (cetrorelix)	0.25 mg SC per day	as noted above.		
Ovulatory "trigger" agents	·			
Ovidrel	250 mcg SC once	• Doses are		
(choriogonadotropin alfa;		individualized.		
recombinant hCG)		• An agent from this		
hCG (Novarel, Pregnyl;	5,000 to 10,000 USP Units IM once	category is typically		
urinary hCG)		given once per		
		reproductive attempt.		
Infertility, Male: Due to hy	pogonadotropic hypogonadism			
Novarel, Pregnyl (hCG)	Dosing may range from 500 to 4,000	Regimens and maximum		
	USP Units IM on BIW/TIW			
	schedules for up to 12 months to	doses/durations vary;		
	achieve/maintain normal	single agent hCG		
	testosterone levels.	therapy followed by		
Gonal-f (follitropin alfa,	150 to 300 IU SC TIW up to 18	follitropin/hCG		
recombinant)	months in combination with hCG at	combination therapy		
	the dose required to maintain normal	may extend up to 24		
	testosterone levels.	months or at times		
Follistim-AQ (follitropin	150 to 225 IU SC on BIW/TIW	longer.		
beta, recombinant)	schedules up to 12 months in			
	combination with hCG at the dose			
	required to maintain normal			
	testosterone levels.			
Prepubertal Cryptorchidisr				
Novarel, Pregnyl (hCG)	Dosing may range from 500 to 5,000	Regimens and		
	IM USP Units with varying	maximum doses vary.		
	schedules (e.g., every 2nd/3rd day,	Maximum duration: 3		
	TIW) with prn repeat courses up to 3	months.		
	months.			



VI. Product Availability

Drug Name	Availability
Menopur	Injection: 75 U FSH and 75 U LH/vial
Bravelle	Injection: 75 U FSH/vial
Gonal-F multi dose vial	Injection: 450 U/vial; 1,050 U/vial
Gonal-F RFF single dose vial:	Injection: 75 U/vial
Gonal-F RFF Redi-ject	Prefilled auto-injection device: 300 U/0.5 mL, 450
	U/0.75 mL, 900 U/1.5 mL
Follistim-AQ	Injection cartridge: 150 U, 300 U, 600 U, 900 U
Ganirelix acetate	Prefilled syringe: 250 mcg/0.5 mL
Cetrotide	Injection: 0.25 mg/vial
Ovidrel	Prefilled syringe: 250 mcg/0.5 mL
Novarel	Injection: 5,000 U/vial, 10,000 U/vial
Pregnyl	Injection: 10,000 U/vial
Chorionic gonadotropin (hCG)	Injection: 10,000 U/vial

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Infertility Definition

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Infertility, Female

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- 14. Practice Committee of American Society for Reproductive Medicine in collaboration with Society for Reproductive Endocrinology and Infertility. Optimizing natural fertility. Fertil Steril. November 2017; 107: 52-8.
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Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-todate sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS	Description
Codes	
S0122	Injection, menotropins, 75 iu
S0126	Injection, follitropin alfa, 75 iu
S0128	Injection, follitropin beta, 75 iu
J3355	Injection, urofollitropin, 75 iu



HCPCS	Description
Codes	
S0132	Injection, ganirelix acetate, 250 mcg
J0725	Injection, chorionic gonadotropin, per 1,000 usp units

Reviews, Revisions, and Approvals	Date	P&T Approval Date
4Q 2018 annual review: policy adapted from previously approved CP.CPA.26 and HIM.PA.148 policies; HIM-Medical Benefit and Medicaid lines of business added; two additional products added - Gonal-f and Gonal-f RFF Redi-ject; criteria updated and organized around three criteria sets for female infertility (includes fertility preservation), male fertility, and prepubertal cryptorchidism; policy name changed from Infertility Therapy to Infertility and Fertility Preservation; references reviewed and updated.	08.21.18	11.18
4Q 2019 annual review: HIM-MB added; HIM pharmacy nonformulary status added for two products; references reviewed and updated.	09.03.19	11.19
HIM line of business applied to all agents; infertility/fertility preservation benefit exclusion added for HIM line of business except for HIM Illinois; infertility/fertility preservation pharmacy benefit requirement added for all lines of business.	05.12.20	08.20
4Q 2020 annual review: step therapies added to OI and ART; 150 unit cartridge added to Follistim-AQ; exclusion added for use of policy drugs as treatment for obesity; general information appendix and references reviewed and updated.	09.01.20	11.20
4Q 2021 annual review: no significant changes; revised HIM.PHAR.21 to HIM.PA.154; references reviewed and updated.	07.21.21	11.21
4Q 2022 annual review: no significant changes; references reviewed and updated. Template changes applied to other diagnoses/indications and continued therapy section.	08.16.22	11.22

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.



The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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